



St.s M & M's Newsletter

Father David Archibald, Rector

Volume 4, September, 2008

A Message from Fr. David

Summer is about over and Fall is fast upon us. The pace of life picks up with the beginning of school. Phil Rogers and his fellow school bus drivers begin a new year as well. Caution is needed by all drivers as we again should pay close attention to the flashing lights of the buses. Perhaps those lights will remind and encourage us to use our own directional signals and to be courteous of others on our busy roads. And if we are honest in our evaluation, we will realize that cell phone use while driving is a dangerous practice which distracts us from the task at hand, as well as telling others that safe driving is secondary to our personal desires.

We are our brothers' and sisters' keepers, and that includes the time we are behind the wheel. Let us all endeavor to take our church attitude with us when we leave worship.

Happy Fall. Enjoy the comfortable temperatures!

Peace,
David

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The Church at Work

Parish Life Day

Parish Life Day's theme this year is 'Go Green - Caring for Creation'. Please consider attending this event. There is a free all-day program for children ages 4-12 years old, led by Britta Bimbi. It will focus on Caring for Creation and what it means to 'Go Green'. The day will also include Bible study activities, crafts, cooking their own lunch and worship participation.

There will be music, exhibitors, Christmas shopping, door prizes (to include overnight retreats and a

session at Camp Arrowhead), fellowship, fun, homemade continental breakfast and lunch.

The workshops include:

Caring for Creation - Helping Your Parish Build a Green Team.

'We Got the Beat' – A joyous experience of drum circles.

A Centered Life – Learn the discipline of Centering Prayer and bringing peace to our harried lives.

Enhance Your Consciousness with Kundalini Yoga – A fun and illuminating series of yoga postures and breath work designed to open the spine and the energy centers of the body.

Introduction to Islam – Explore some of the basic beliefs of Islam and tackle some of the pressing issues that face Islamic modern communities.

Preaching on Controversial Subjects – Offers wisdom on preaching in today's world.

Practicing Sabbath Economics – Practical daily steps households can take to live in the light of God's abundance and provision.

The Word is Alive (through Liturgical Drama) – Bible stories come to life in ways that capture interest and make them unforgettable.

"The Texts of the Incarnation" – Enrich the celebration of Christmas.

Beyond Power Point to Powerful Presentations – Learn how multimedia presentations can add emotional power to worship services, stewardship presentations, and other church events.

Arts and Crafts – Transform your energy through the work of your hands as you create your own craft.

Vestries: Their role from A to Z – Designed for newer vestry members or for wardens and clergy who are responsible for orienting new members. Explore what it means to lead and manage a community of faith; how to share spiritual leadership; working to embrace differences.

Please let Fr. David know if you are interested in attending the event on **November 22, 2008**, from 8:30 AM to 3:15 PM, at St. Anne's Episcopal School in Middletown.

Upcoming Events

Military Appreciation Day

St. Martin's is planning a Military Appreciation Day on Sunday, November 9, during the regular worship service at 11:00 A.M. Each branch of the military is being asked through their representatives in Delaware to provide at least one serviceman or servicewoman.

St. Martin's Evangelism Committee, chaired by Ron Shackle, is developing specific details for the event and will share them with both St. Mark's and St. Martin's congregations in the next few weeks.

Brandon Lewis is the Manager for this event.

Blessing of the Animals II

The second annual Blessing of the Animals will occur on St. Francis of Assisi's birthday, Saturday, October 4. It will take place again on the west front Church yard of St. Martin's-in-the-Field commencing at 10:00 A.M.

A short Blessing Service will be conducted by Fr. Archibald. Following the service, he will give individual blessings to each desiring animal. Certificates will be given to each animal blessed.

Treats for the animals will be available, as well as light refreshments for the animal owners and all guests. All are welcome to attend the Blessing, which is a memorial for St. Francis who loved all animals great and small. Related to this aspect of the Blessing, a small statue of St. Francis will be blessed and placed in St. Martin's Memorial garden in loving memory of Loretta Shackle, a St. Martin's parishioner, who died on 22 July, 2008. Elly Shackle-Herrick is the Manager for this event.

Schedule of events at St. Mark's

9/19 – Movie Night – Come for dinner and see Nims' Island. The evening begins at 5:30 P.M.

10/24 – Halloween Party. Covered dish dinner (Dressing up is optional) – 6:00 P.M.

11/16 – Thanksgiving Covered-dish dinner (Time TBA)

12/21 – Christmas Pageant (Time TBA)

We would love to have our friends at St. Martin's join in on the fun and fellowship.

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Other Information of Interest

St. Martin's Craft Show/Flea Market Successful

The St. Martin's Craft Show/Flea Market held at Treasure Beach in Fenwick Island on July 12, was very successful. Thirty-three vendors displayed their items under bright sunny skies and seemed pleased with the day.

St. Martin's members sold hot dogs, sodas, baked goods, and 'treasures', raising money to support the mission and ministry of the church. A 50-50 raffle was also held and the winner was Phil Rogers of St. Mark's.

We thank all who attended and worked to make the event the success it was.

To the Labyrinth with Dotty

Walking in circles may seem silly to some and to others there maybe no response to the slow process to the center, but to meditate as you walk, to use the left and the right side of the brain unconsciously can be a very therapeutic and spiritual experience. Getting closer to God, our creator, recognizing the Christ within each one of us, as we take each step following a path or circuit as the lines painted on the concrete refer to in the Labyrinth. Some call the walk a journey or a pilgrimage, following the steps of our Savior, slowly delving into self and following the example

set for us to serve others as He did. Sometimes it takes a life time, sometimes it takes a few minutes to walk to the center letting go of this world and realizing what might be revealed to us as we reach the center. Staying as long as we need, standing, kneeling, sitting, eyes open or closed, saying a prayer and listening for a simple word that comes to us, or a heartfelt experience of warmth of knowing we are loved. There is no right or wrong way to pray or meditate while using this ancient tool, but to 'relax' and 'release' all things going in; 'receive' and 'return' coming out. Turning things over to God and letting go is hard to do because our human nature tells us we can do it all. The first step as we know is the hardest, but if we trust God and give our earthly troubles to him, we can then allow ourselves to receive and return with a different attitude, with the love of Christ shining through us.

Thank you for making the 4th of July an overwhelming success. The Independence Day service and the children's parade with pets, bikes, and wagons were well received. The Mayor and community at large would like to see it continue and become an annual event in Millsboro. Our thanks to the Delaware National Guard, Mayor Larry Gum, Kathy Gorman for singing "God Bless America", Representative Greg Hastings, WW II Hero Bill Carter, Carol Huston, our Parade Marshall, the Fife and Drum trio, the children and parents who participated and finally, Chaplain Penny Morrow with our own Michael Trembl, Crucifer. See you next year in the faithful Red, White and Blue!

We also want to thank everyone for helping with our one and only fundraiser on Sept. 5. It was a long but fun day, and the BBQ was delicious. Whether you were a volunteer or financial supporter, you are very much appreciated.



Spread the Word

Tell your doctor, health care giver, nursing home attendants, friends at other churches, prayer groups, Bible study groups, employers and their employees that they are all welcome to come to St. Mark's to visit and use the Labyrinth. Prayers at sunrise, lunch time, after work or evenings, the Labyrinth is open to all. Let's make this an Outreach project with an open door policy for everyone. Invite your families and neighbors and help spread the Good News. The gift of hospitality is to be shared with all.

Unity, peace, welcome is the word, or "Ya'll Come"!

St. Mark's truly is an outstanding church.

Dotty

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You have to be the Church

As Fr. David said, "Summer is about over and Fall is fast upon us", and St. Mark's is getting into full swing.

St. Mark's would like to employ someone to oversee the nursery. The person will be paid \$25.00 each Sunday, must be a certified child care provider or be willing to have a background check done. If you know of anyone who might be interested, please contact one of the Vestry members or Fr. David.

We also need adults to work with the Sunday school. It is not a big commitment, possibly one to four Sundays a year. The curriculum is fun and will not require a lot of preparation on your part.

St. Mark's is hoping to install an elevator to make our building more accessible. The chairlift is unreliable and a hazard for those walking up and down the stairs. We need a committee to gather information, determine the site, and plan fundraisers. One suggestion for a fundraiser is Saturday Morning Breakfast or Phil's Diner. This would be held one Saturday each month. (This brings back memories of when we were raising money to pay for the Parish Hall. Those steak dinners on Labor Day were great fun!) This would be a wonderful opportunity for us to come together, enjoy fellowship, and help to make St. Mark's more user-friendly.

Another important outreach is to touch base with people new to St. Mark's. A simple card thanking them for worshiping with us and welcoming them back, along with a brief history, our mission statement, Father David's phone no., as well as those of the Vestry members and a list of outreaches, etc., could be sent as well. The person who chooses to do this will not even have to leave their home. Committee people could also send cards to the sick and shut-ins, and birthday cards. Also along this line, a visitation committee could be formed to regularly visit shut-ins, those hospitalized and plan for meals to be taken to anyone in need.

We need people to serve on the Worship Committee and someone to chair the Fellowship committee, setting dates for movie nights, covered dish dinners, etc.

Do you remember the story in the Bible (Matthew 14: 17 – 21), the disciples asked Jesus to send the multitudes away so they could go into the villages to buy food for themselves, but Jesus said, "They do not need to go away; you give them something to eat!". The disciples said to Him, "we only have here five loaves and two fish." And Jesus said to

them, "Bring them here to Me." And he fed five thousand men, aside from the women and children. **He asked them to bring what they had, and he did the rest.**

When you read this, please know that all you are being asked is to bring what you have, bring your God given talents and God will do the rest. Don't let the word talent scare you away. When we think of talents, we immediately think of being able to sing, speak in public, act; but talents are so much more than that. Maybe you can make the best apple pie anyone ever tasted, or you have a way with decorating, or saying just the right things to make others feel loved and needed. All of these gifts you are being asked to bring, there is none too small or too great. Please fill out the form attached as the last page of this newsletter and mail it back or drop it by the office.

As our dear and wise Alice Hudson said, "You can't just come to church; you have to be the church."

St. Martin's Vestry Positions

Even though it is only September, it is not too early to begin thinking about serving on St. Martin's Vestry. Three new vestry members will be elected at the Annual Meeting in January for a three (3) year term. Any member of the congregation who is interested in becoming a Vestry member should contact Senior Warden Dave Whear by the end of November.

Please consider "stepping up" to become a member of the governing body of **your** church.

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Laughter is the Spice of Life . . .

Found in the Classifieds

- Nordic Track - \$300, hardly used – Call Chubby
- Georgia Peaches – California grown, \$.89/lb
- Wedding dress for sale – Worn once by mistake – Call Stephanie
- Free puppies – Mother, AKC German Shepherd, Father, Superdog, able to leap tall fences in a single bound

And the best of all. . .

FOR SALE BY OWNER:

Complete set of Encyclopedia Britannica, 45 volumes. Excellent condition. \$1,000 or best offer. No longer needed, Got married last month. Wife knows everything.

According to Maxine, Color is good!

Yesterday I went to the doctor for my yearly physical.

My blood pressure was high, my cholesterol was high,

I'd gained some weight, and I didn't feel so hot.

My doctor said eating right doesn't have to be complicated and it would solve my physical problems.

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He said just think in colors...fill your plate with bright colors...greens, yellows, reds, etc.

I went right home and ate an entire bowl of:

M & M's

And sure enough, I felt better immediately. I never knew eating right could be so easy.

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The beauty of God's creations. . .



Last Sunday in Sunday school we talked about God's creations. What a beautiful one this is. With less and less blooms on the bush, and the orange on this butterfly's wings, it appears Fall is here, and he is dressed for the season.

St. Mark's and St. Martin's-in-the-Field's Governance
Rector - Father David J. Archibald
(302) 436-1914 (Home) (302) 430-8213 (Cell)

Vestry of St. Martin's-in-the-Field

Sr. Warden - Dave Whear
Jr. Warden - Al Bonadonna
Treasurer - Bettymae Patterson
Clerk - Lucy Bunting

Members of the Vestry

2008 - Jean Evans, Dave Whear, Al Bonadonna
2009 - Ed Burton, Judith Grimes
2010 - Bettymae Patterson, Junis Adkins

Services at St. Martin's-in-the Field

11:00 A.M. - Sunday Worship
Sunday School
(exit prior to sermon)

Vestry of St. Mark's

Sr. Warden - Phil Rogers
Jr. Warden - Jim Keahey
Treasurer - Rachel Pusey
Secretary - Janet Spray

Members of the Vestry

2008 - Phil Rogers, Rachel Pusey
2009 - Jim Keahey, Janet Spray
2010 - Rodney Layfield, Richard Cordrey

Services at St. Mark's

8:45 A.M. - Sunday School
Nursery Available
9:00 A.M. - Sunday Worship
9:00 A.M. - Contemporary Service
(Last Sunday of each month)
Healing and Prayer every Sunday at the Altar
Immediately following the service.

12:00 P.M. - Weekday Holy Eucharist
1st and 3rd Wednesday in Parish Hall Chapel
(followed by fellowship and lunch at
Millsboro Diner)

5:30 P.M. - Agape
(each Tuesday until 7:00 P.M.)

Late Entry:

**October 12, 2008 – Family Fun Day of
Fishing and Food at Melvin Rust Property in
Dagsboro – 1:00 to 4:00 PM**
(Directions: Take Rte. 26 E to Wingate
Road, which is the 1st road on the right past
Vine's Creek. Turn right, go approximately
¼ mile and it is on the right.